

Academy, Northampton

SUMMER TIMETABLE

MONDAY	START	FINISH
Mighty Monkeys	17:00	17:35
Foundation and Intermediate TKD (White - Green)	17:40	18:35
Advanced TKD (Blue Stripe +)	18:40	19:35
Kickboxing	19:40	20:35

THURSDAY	START	FINISH
TKD - all grades	17:00	17:55
Junior Kickboxing	18:00	18:55
Ladies Kickboxing	19:00	19:55
Mixed Kickboxing	20:00	20:55

TUESDAY	START	FINISH
Mighty Monkeys	17:00	17:35
Junior Kickboxing - all grades	17:40	18:35
Ladies Kickboxing	18:40	19:35

SATURDAY	START	FINISH
Mighty Monkeys	09:00	09:35
Foundation and Intermediate TKD (White - Green)	09:40	10:30
Advanced TKD (Blue Stripe +)	10:35	11:30

WEDNESDAY	START	FINISH
Mighty Monkeys	17:00	17:35
Foundation and Intermediate TKD (White - Green)	17:40	18:35
Advanced TKD (Blue Stripe +)	18:40	19:35